

# HOW TO USE YOUR AMULET

You're ready! Here's a step-by-step guide to running your first test.



## INSERT FOOD INTO SAMPLER

Remove instructions cuff, and place a small amount of food in sampler. Don't overfill.



## PUSH AND TWIST

Push cap down to cover first line. Twist until second line disappears and sampler is sealed tightly. Place sampler aside.



## PAIR YOUR AMULET (OPTIONAL)

Open the app. Click the side button on the Amulet to wake it and initiate pairing. Follow app instructions. Keep the Amulet near your phone.

### REMEMBER

The Amulet isn't scuba certified, don't get it wet!



## STARTING A TEST

Click side button to wake Amulet. Tap Amulet face to scroll, and click side button to make a selection.



## SHAKE, PLUG, AND WAIT

Shake sampler when instructed then insert sampler into Amulet. Make sure arrows face each other. Select "Yes" to run test.



## GET YOUR RESULTS

Results should appear in approximately 60 seconds.

### IMPORTANT

*Avoid touching or tampering with the sampler chip prior to testing. Doing so could compromise the integrity of the results.*

*Do not ingest sampler contents. If the sampler solution makes skin contact, wash affected areas with soap and water.*



## FAQS

### WILL I NEED A NEW AMULET FOR EACH ALLERGEN?

No way! The Amulet is a one-time purchase—the same unit can accommodate different samplers.

### ARE SAMPLERS REUSABLE OR DISPOSABLE?

Samplers are currently single-use. You'll need a new sampler for each test.

### HOW DO I COLLECT A FOOD SAMPLE?

You can use a utensil or your hand—whatever you're comfortable with.

### HOW LONG WILL IT TAKE TO RUN A TEST?

You should receive a detection result within approximately 1 minute.

### WHAT TYPES OF FOODS DOES THE AMULET TEST?

It can test a wide variety of solids and liquids—from granola bars and cupcakes, to salads and soups.

### DO I NEED WI-FI OR A SMARTPHONE FOR IT TO WORK?

The Amulet doesn't require Wi-Fi or a smartphone to run a test. However, by using our app and sharing your test results, you'll help us improve the user experience while also helping the food allergy community.



For more answers to your questions, visit [ALLERGYAMULET.COM/FAQS](https://www.allergiamulet.com/faqs)

# HI! WE'RE SO GLAD YOU'RE HERE.

You'll soon be on your way to better food allergy management.



## STEP 01

To run a test, you'll need your **AMULET**, a **SAMPLER**, and your **SMARTPHONE** (optional).

## STEP 02

Before first use, **CHARGE YOUR AMULET** fully. The three charging dots on the back of the Amulet should align with those inside the charger.



## STEP 03

Download the **ALLERGY AMULET APP**. Create an account to upload test results, adjust tap sensitivity, and pick different watch faces!

[APP STORE](#) OR [GOOGLE PLAY STORE](#)

## REMEMBER!

You're testing a representative sample, so make sure to:

- ✓ Always carry your epinephrine.
- ✓ Inform those preparing your food about your allergies.
- ✓ Take all other precautions you would normally take when eating.

The Amulet only tests a sample of your food which may not be representative. The Amulet accordingly serves as a complement, not a substitute, to the precautionary measures you would normally take when managing your food allergy.



This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

Questions? Email [help@allergyamulet.com](mailto:help@allergyamulet.com) or visit:

[ALLERGYAMULET.COM/FAQS](https://www.allergyamulet.com/FAQS)

# QUICK START GUIDE



allergy amulet

